

FOOD RESOURCES

General

[CalFresh](#)

[Salvation Army Food Banks \(Statewide\)](#)

[FindHelp.Org](#)

North County San Diego County

Financial Aid

[Women, Infant, and Children \(WIC\)](#)

Food Pantries

[211 San Diego](#)

[Catholic Charities](#)

[San Diego Food Bank](#)

[Community Resource Center](#)

[Fallbrook Food Pantry](#)

[Mission San Luis Rey](#)

Camp Pendleton Food Distribution

[Jewish Family Services \(YMCA\)](#)

[Coast Hill Community Church](#)

[Helping Hands](#)

Riverside County

Financial Aid

[WIC of Riverside County](#)

Food Pantries

[Circle of Care Ministries](#)

[Feeding America](#)

[Inland SoCal 211](#)

[Western Eagle Foundation](#)

Orange County

[WIC of Orange County](#)

[Orange County 211](#)

FOOD RESOURCES

Financial Stipends

CalFresh



CalFresh, known federally as the Supplemental Nutrition Assistance Program or SNAP, provides monthly food benefits to individuals and families with CalFresh. CalFresh, known federally as the Supplemental Nutrition Assistance Program or SNAP, provides monthly food benefits to individuals and families with low-income. The amount of benefits a household receives is dependent on household size, countable income, and monthly expenses, such as housing and utilities. The program issues monthly benefits on an Electronic Benefit Transfer (EBT) card. Food may be purchased at any grocery store or farmers market that accepts EBT cards. **Online applications can be completed in 10 minutes; or call 619.323.2841 option 2 to request a callback or make an appointment. Note: When determining income eligibility, CALFRESH counts BAH and other military pay allowances as income, while WIC does not.**

<https://www.getcalfresh.org/>

Women, Infants & Children (WIC) San Diego County

800.500.6411



Serves pregnant/breast feeding women with new babies and children under the age of 5 who meet income requirements. Special vouchers are provided to purchase nutritious foods. **Riverside and Orange County WIC locations are under the respective county sections.**

<https://sandiegowic.org/>

San Diego County Food Pantries

211 San Diego



Find Drive-thru and walk-up food distribution services for anyone needing emergency food assistance.

<https://211sandiego.org/food-assistance-resources/>

San Diego Food Bank



Go to website to find food distribution sites by zip code.

<https://www.sandiegofoodbank.org/>

FOOD RESOURCES

Catholic Charities

619.323.2841



Catholic Charities created the Emergency Food Distribution Network to distribute food to those in need. Individuals and families who need food can request food directly with one of the nearest locations listed on their website.

<https://ccdsd.org/>

Community Resource Center

760.300.3238



To receive emergency food or apply for our Food & Nutrition Program, please contact the Social Services Office, Monday – Thursday: 0800-1630, Friday: 0800-1400 to enroll and receive a ticket. Please review their website or call them to learn about their ticketing system.

[Food & Nutrition Services - Community Resource Center \(crcncc.org\)](https://www.crcncc.org/)

Fallbrook Food Pantry

760.728.7608



140 North Brandon Rd, Fallbrook Hours M-F, 0930-1200

Food and clothing assistance. Services Fallbrook, Pala, Rainbow & Bonsall residents. Additional instructions on their website.

<https://www.fallbrookfoodpantry.org/>

Mission San Luis Rey

760-547-0708

Loretto House Food Pantry

4070 Mission Ave, Oceanside, CA Tues-Thurs, 0900-1500

Provides emergency food and diaper assistance for all eligible individuals and families throughout Oceanside and the greater North County region. *Call for most updated information, as there is no information on their website*

FOOD RESOURCES

Camp Pendleton Food Distribution

Jewish Family Services

858-637-3210



Food and diaper distribution 4th Friday of the month, 1000—1200 at Armed Services YMCA, Building #200090, Ash Road/ Wire Mountain Road, Camp Pendleton, 92058. Requires Military ID. Check website for more information.

<https://www.jfssd.org/our-services/food-meals/community-distributions/>

Coast Hill Community Church

949.290.7621



2nd Saturday of the month, 0900-1130 at the Camp Pendleton, North end of the San Onofre Commissary and Sonic parking lot. Other Saturdays the church offers food distribution at their church in Aliso Viejo.

<https://coasthills.church/>

Helping Hands

949.230.7318



Distributes food to military dependents through the Mobile Food Pantry every Tuesday. 1st, 3rd, and 5th Tuesdays at Melba Bishop Park in Oceanside starting at 1115. 2nd and 4th Tuesdays at the Outlets in San Clemente starting at 1030.

<https://www.facebook.com/thehelpinghandworldwide/>

FOOD RESOURCES

Riverside County

Circle of Care Ministries

951.973.9582



26090 Ynez Rd, Temecula Tues, Thurs-Sat, 1000-1200

Or up to 200 Families. They also have distributions in Perris & Homeland. Can text to learn more.

Feeding America



Serving Riverside and San Bernadino Counties. Check website to find food pantries by city or zip code.

<https://www.feedingamerica.org/find-your-local-foodbank/feeding-america-riverside-san-bernardino>

Inland SoCal 211+



Look for food pantries by city or zip code.

<https://inlandsocaluw.org/211>

Western Eagle Foundation

951.695.7206



40940 County Center Dr, Temecula

Project Food Box: For \$25.00 feeds a family of 4 for one week. Also offers “emergency” food bag of staples. Distribution site open M-F 0900-1700, and Sat-Sun 0900-1600. **You must download and complete the self-certification form and bring proof of income.**

<https://westerneaglefoundation.org/>

FOOD RESOURCES

Women, Infants, and Children (WIC)

800.455.4942



Apply online through the Riverside University Health System or call to schedule an appointment.

<https://www.ruhealth.org/wic>

Orange County

Orange County 211



Food pantries, baby supplies, food kitchens, financial assistance, and Senior food delivery.

<https://www.211oc.org/>

Orange County Women Infants &

949.488.7688

Children (WIC)



WIC appointments can be completed via telephone or in person through Camino Health Center. Weekend appointments are available at their Lake Forest and San Juan Capistrano office.

<https://ochealthinfo.com/services-programs/pregnancy-and-parenting/women-infants-children-wic>

FOOD RESOURCES

Multi-County

Find Help



Search and connect to support. Financial assistance, food pantries, medical care, and other free or reduced-cost services are listed on this database.

<https://www.findhelp.org/find-social-services>

Salvation Army



Offers neighborhood food pantries, mobile food pantries, and food parcels of fresh produce. Listings for Orange County, Riverside, and San Diego counties.

<https://www.salvationarmyusa.org/usn/cure-hunger/>

Questions or feedback concerning agencies that are listed in this pamphlet may be directed to:

SOCIAL WORK DEPARTMENT


200 Mercy Circle

Camp Pendleton, CA 92055

Phone: 760-725-1318

 NavHospCampPen

 NavalHospitalCampPendleton

 Facebook.com/NavalHospitalCampPendleton